

## KNEE MUSCULOSKELETAL CONDITIONS

OSTEOARTHRITIS	PLICA SYNDROME
PFJ PAIN/RUNNERS KNEE	POSTERIOR LATERAL -
PATELLA MALTRECKING	CORNER OF KNEE PAIN
CHONDROMALACIA PATELLAE	HYPERMOBILITY
MENISCAL TEARS/REPAIRS	OSGOOD SCHLATTER'S
LIGAMENT SPRAINS/TEARS	SINDING LARSEN JOHANSSON
LIGAMENT RUPTURES -	FAT PAD IMPINGEMENT
(ACL/PCL/MCL/LCL	BURSITIS
SYNOVITIS	PES ANSERINE PAIN
DISTAL ITB SYNDROME	PAINTEDINOPATHY
PAEDIATRIC KNEE COMPLAINTS	FRACTURE

### TREATMENT

EXERCISE THERAPY	ERGONOMICS
ACUTE INJURY MANAGEMENT	ELECTROTHERAPY
BIOMECHANICAL ASSESSMENT	ACUPUNCTURE
VIDEO/GAIT ANALYSIS	STEROID INJECTION
ADVICE/EDUCATION	TAPING
MANIPULATION	SPLINTING
JOINT MOBILISATION	BRACING
MASSAGE	ORTHOTICS