

ANKLE MUSCULOSKELETAL CONDITIONS

FRACTURES
TENDINOPATHY
MORTONS NEUROMA
LIGAMENT TEAR
INSTABILITY
INTEROSSEUS INJURY
SHIN SPLINTS (MTSS)
SPRAINS/STRAINS
PERONEAL INJURY

NERVE IMPINGEMENT
POST DISLOCATION
BIOMECHANICAL
POSTERIOR TIBIAL-
TENDON DYSFUNCTION
OVERUSE INJURIES
POST OP
ARTHRITIS
SYNDESMOTIC INJURY

TREATMENT

ACUTE INJURY MANAGEMENT
BIOMECHANICAL ASSESSMENT
VIDEO/GAIT ANALYSIS
ADVICE/EDUCATION
MANIPULATION
JOINT MOBILISATION
MASSAGE

ELECTROTHERAPY
ACUPUNCTURE
STEROID INJECTION
TAPING
SPLINTING
BRACING
ORTHOTICS