

WRIST MUSCULOSKELETAL CONDITIONS

FRACTURE
NEUROPATHY
DE QUERVAIN'S
TENDINITIS
TENOSYNOVITIS
KIENBOCK'S DISEASE
SPRAINS
STRAINS
SCAPHOID FRACTURE

ARTHRITIS
DISTAL RADIUS FRACTURE
GANGLION CYST
TRIGGER FINGER
CARPAL TUNNEL
LIGAMENT TEARS
POST OP STIFFNESS
GOUT
PSEUDOGOUT

TREATMENTS

EXERCISE THERAPY
JOINT MOBILISATION
MASSAGE
ACUPUNCTURE
TAPING
SPLINTING

ELECTROTHERAPY
REHABILITATION
POSTURAL
ERGONOMICS
ADVICE
EDUCATION