

LOWER BACK MUSCULOSKELETAL CONDITIONS

SPONDYLOSIS (ARTHRITIS)	FACET JOINT DYSFUNCTION
SPONDYLOLITHESIS	SCOLIOSIS
DISC HERNIATION	KYPHOSIS
SCIATICA	SPINAL FRACTURE
DEGENERATION	SPINAL STENOSIS
MUSCLE SPASM	PREGNANCY RELATED
MUSCLE STRAIN	BIOMECHANICAL
NEUROGENIC	HYPERLORDOSIS
ANKYLOSING SPONDYLITIS	CHRONIC/PERSISTENT PAIN

TREATMENT	COGNITIVE BEHAVIOURAL - THERAPY
ADVICE/EDUCATION	ELECTROTHERAPY
EXERCISE THERAPY	ACUPUNCTURE
SPINAL MOBILISATION	MASSAGE
SPINAL MANIPULATION	FASCIAL RELEASE
MOVEMENT PATTERNING	TRIGGER POINT TECHNIQUE
MUSCLE IMBALANCES	PILATES
BIOMECHANICS	YOGA