

SHOULDER MUSCULOSKELETAL CONDITIONS

ADHESIVE CAPSULITIS
(FROZEN SHOULDER)
ROTATOR CUFF TEAR
TENDINOPATHY
BURSITIS
IMPINGEMENT
SHOULDER LESIONS
LABRAL TEARS
DISLOCATIONS
SEPARATION DISORDER

SCAPULAR REFERRED
REFERRED NECK PAIN
MUSCLE STRAINS/TEARS
HYPERMOBILITY
LIGAMENT TEAR
SHOULDER INSTABILITY
FRACTURES
ARTHRITIS
ACROMIOCLAVICULAR -
DISORDERS

TREATMENT

ACUTE INJURY MANAGEMENT
BIOMECHANICAL
ASSESSMENT
VIDEO/MOVEMENT ANALYSIS
ADVICE/EDUCATION
MANIPULATION
JOINT MOBILISATION

EXERCISE THERAPY
MOVEMENT PATTERNING
TRIGGER POINTING
FASCIAL RELEASE
ACUPUNCTURE
ELECTROTHERAPY
STEROID INJECTION